

Kimberly K. Wildner

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Career Objectives

To improve the competitive advantage of an organization that is willing to reap the rewards of utilizing the many special talents of a well-rounded, motivated entrepreneur.

Work History

2003-Present: Fearless Birthing™ www.fearlessbirthing.com

Creator and facilitator conducting both workshops for natural birth practitioners and offering consultation service for mothers seeking to optimize their birth experience.

1993-Present: **Woman's Wisdom Birthing Services**: www.womanswisdom.info

Founder & Sole Proprietor of the company, WWBS provides an integration of several birth related activities. This umbrella service organization, created so that I could work while staying home to raise my only child, encompasses, but is not limited to, Independent Childbirth Education Classes (see below), home and hospital labor support, creation of birth art, Empathy Belly® presentations, HypnoBirthing®, birth related hypnotherapy services, and utilization of my experiences as a resource for the enhancement of the birthing experience.

Mother's Intention: How Belief Shapes Birth: Self-Published 336 page book. Harbor & Hill Publishing duties included in writing, editing, design, promotion, (including print and web presence as well as tour scheduling/presenting) billing, and distribution. 1500 copies sold.

Born of Water. A novel about birth and the universal rites of passage of women. Manuscript completed 4/98.

1990-1991: **Greenville Daily News**: Greenville, MI: Graphic Artist in the Ad Department of a local daily newspaper publication.

1989-1990: **Trails-A-Way**: Greenville, MI: Graphic Artist in the Ad Department of a nationally distributed camping magazine.

1988-1990: **Signsational Creations**: Founder & Sole Proprietor of the company that provided Sign Painting / Advertisement / Truck Lettering and Specialty Graphic Design.

1987-1988: **Studio 57**: Greenville, MI: Graphic & Sign Painting Artist for an Independently owned & operated Sign Painting / Truck Lettering / Advertisement & Building Lettering Company.

Education and Experience

Current and ongoing:

Marion College-I am enrolled in the Marian Adult Accelerated Program (MAAP) and pursuing a degree in Organizational Communication

1991-Present:

Certified Childbirth Educator since 1991: Auto-didactic study on all aspects of the childbirth field and holistic/complementary care through **A.L.A.C.E.** (The Association of Labor Assistants and Childbirth Educators, formerly known as Informed Birth/Informed Birth and Parenting), continuing education required.

HypnoBirthing® Practitioner since 2000: Continuing education required to be a certified member of this international organization .

2001-Hypnotherapy certification. Institute of Transformational Hypnotherapy (licensed by the Michigan State Board of Education), East Lansing, MI

1998 - Infant CPR. The American Heart Association Neonatal Resuscitation Program. The American Heart Association/ American Academy of Pediatrics.

1997 - Michigan School of Traditional Midwifery Skills Workshop. Prenatal exam skills, discomforts of early pregnancy, aseptic technique, basic herbology, STD/HIV/AIDS education.

1997 - Caribbean Clinical Experience Trip with The International School of Midwifery (Miami, FL). During a 10 day stay, I observed/assisted (meaning I did all of the newborn assessment and resuscitation when indicated) 36 births and managed the delivery (including a variety of complications and variations of normal) of 22 births. Subjects of study included normal antepartum, high-risk pregnancy, normal and high-risk labor, delivery and postpartum.

1994 - N.A.R.M. (North American Registry of Midwives) EXAM. Certificate of completion 6/94.

1991 - Advanced Midwifery Course through the Garden of Life Midwifery / Education Center.

Community Service

Since 1991 I have volunteered my time to educate teens, which has included presentations at Ludington High School / Mason County Central / Hart High School / Muskegon Oakridge High School / Manistee High School.

Volunteer at the Fond du Lac Center for Spirituality and Healing



Radio Appearances

Real Side of Birth San Diego Radio Program.

Show #15, June 6, 2003

Show #26, August 23, 2003.

Speaking Engagements

West Shore Medical Center -Keynote Speaker, Childbirth Educator's Luncheon, February 2006

Keynote speaker, Harmony Birth Fair, Spring Green WI, April, 2006

HypnoBirthing® Conclave, New Hampshire, Sept. 2003; Arizona, Sept. 2004 & 2005.

Memorial Medical Center HypnoBirthing® In-service, April, 2004

Fearless Birthing™ Workshops

San Diego, CA April, 2005

Manitoba, Canada September, 2004

Madison, WI May, 2004

Published Articles

San Diego Birth Planners e-zine, *The Tree Knows When to Release Ripe Fruit.*

Midwifery Today, autumn 2002, Issue #63. *Terbutaline or Not Terbutaline? That is the Question*

Midwifery Today, winter 2003, Issue # 68. *The Ties That Bind*

Special Delivery, Journal of The Association of Labor Assistants and Childbirth Educators (A.L.A.C.E.), Winter 2002-2003. *What's Pain Got to Do With It?*

International Journal of Childbirth Education, The Official Publication of the International Childbirth Education Association (ICEA), Vol. 19, No. 1, March 2004. *How Our Beliefs (as birthing professionals) Shape Birth*

International Doula, The Official Publication of Doulas of North America (DONA), Summer, 2004. *Beginning of Life Coaching*